Industry leading training by industry leading people



Select Training Academy



TRAINING ACADEMY

NOCN Site Right MM&TL (Manual Movement & Traversing of Loads)

The training course consists of the following theoretical and practical modules consisting of 3 element areas:

- Pre-& Post-Lifting Checks
- Pre-& Post-Lifting Accessory Inspections
- Manual Movement & Traversing Loads safely and efficiently, which will include the following areas: use of chain blocks, lever hoists, slings, beam clamps and understanding their limitations.



Key Information

Training is held at Select training academy, Barford Road, St Neots, Cambridgeshire, PE19 6WB



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Course overview

The Manual Movement & Traversing of Loads course provides personnel, who have experience in the Slinger Signaller role, with the basic knowledge of activities associated with the use of chain blocks and other associated equipment & accessories to safely and competently carry out Manual Movement & Traversing of Loads (MMTL) on site in line with lift plans and site guidelines.

Course structure

The course is a mix of theory and practical exercises. Delegates are evaluated by means of an assessment throughout the duration of the course which leads to a theoretical examination. If successful in both parts, they are then awarded the Manual Movement & Traversing of Loads Qualification. By the end of the training, the learner should be able to have an understanding of the hazards of the industry and their roles and responsibilities, have a basic knowledge of The Health and Safety at Work Act etc 1974 and associated regulations, Identify and understand the information contained within a risk assessment and a lift plan in accordance with legislation and manufactures instructions, demonstrate a good working knowledge of the different types of lifting equipment used for traversing loads and the restrictions in their use, conduct preoperational checks on lifting equipment, attachment points, loads, routes of travel and landing areas, be able to safely carry out manual movement & traversing of loads.

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What practical exercises will I be asked to complete?

Pre-& Post-Lifting Checks, Lifting and transferring loads safely and efficiently using different types of lifting equipment through routes and obstacles. Understanding the attachment points needed to best perform these operations and how the weight transfers between lifting equipment. Other areas also covered within the practical exercises include: Identifying accessories required, slinging techniques, method statement understanding and providing instructions to other members to perform the task safely.

What Qualification will I gain from this course?

NOCN site right MM&TL (Manual Movement & Traversing of Loads) certificate, it will be added to your CPCS smartcard.

What is the course duration? 3 Days training that includes the theoretical test.

Will I have to take an Assessment?

All delegates will be assessed over the duration of the course by the instructors to ensure the learning outcomes are achieved before taking the awarding theoretical test.

Who is most suited to attend this training?

CPCS A40 Slinger signallers wishing to gain training and an NOCN-accredited qualification to safely move and traverse loads with manual lifting equipment.

Entry requirements?

An in-date CPCS A40 qualification or equivalent, a basic understanding of lifting accessories and current Health & Safety regulations and completed manual handling training.

What will I need to bring to do the course?

PPE - Safety boots, Hard Hat, Hi Vis vest, gloves & warm/wet weather clothing. Delegates must present photographic ID and CPCS card at the start of the course.



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Contact Information

Booking and enquires

Training@selectplanthire.com



Enquiry form



www.selectplanthire.com/trainingacademy



Please contact us via 'enquiry form' for any further queries

